

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO.3406  
TO BE ANSWERED ON 12<sup>TH</sup> DECEMBER, 2014**

**ENERGY AND SOFT DRINKS**


**3406. SHRI PRALHAD JOSHI:  
SHRI ANURAG SINGH THAKUR:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the details of existing laws/ regulations governing energy and soft drinks along with the quantity of caffeine and sugar/sweetners permitted to be added therein;
- (b) the details of the cases of violation of the law/regulation reported, investigated in the country along with the action taken against the defaulters during each of the last three years and the current year, State/ UT-wise;
- (c) whether the World Health Organization (WHO) has warned against the ill-effects of high caffeine in energy drinks particularly consumed by children and young people and if so, the details thereof;
- (d) whether energy/soft drinks manufacturers are also reducing sugar quantities in their respective beverages in certain countries keeping in view the health of the younger generation; and
- (e) if so, the details thereof and the reaction of the Government thereto along with the precautionary measures being taken by the Government in this regard?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI SHRIPAD YESSO NAIK)**

(a): Regulation 2.10.6 (1) of the Food Safety and Standards (Food Products Standards and Food Additives) Regulations, 2011 prescribes the standards for carbonated water (soft drinks). However, it does not cover energy drinks.



(b): No such reports of violation have been received from the State/UT Governments.

(c): As per available information, a team of researchers from the World Health Organisation Regional Office for Europe in the open-access journal Frontiers in Public Health has warned that increased consumption of energy drinks may pose danger to public health, especially among young people.

(d) & (e): The Ministry of Health and Family Welfare does not have any information about the energy/soft drinks manufacturers in other countries reducing the quantity of sugar in such drinks. Maximum permissible limit of amount of sugar for such drinks has not been prescribed in regulation 2.10.6 of the Food Safety and Standards (Food Products Standards and Food Additives) Regulations, 2011.

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